



## Morning and Evening Remembrance As found in *Fortification of the Muslim*

*Alhumdulillahi wahdahu wassalatu wassalamu 'ala man-la nabiyya ba'dahu*  
All praise is for Allah, alone, and prayers and peace be upon the last and final  
Prophet.

*Aoodhu billahi minash-shaytan nir-rajeem*  
I seek refuge in Allah from Shaytan, the accursed.

*Allahu la ilaha illahu wal hayyul qayyum la ta-khuzuhu sinatun wala nawm  
lahu ma fis-samawati wa ma fil-ardh man zal lazi yashfa'u 'indahu illa bi-  
idhni ya'lamu ma bayna aidihim wa ma khalfahum wa la yuhitona bi shai-  
im min 'ilmih illa bima shaa-a wa si'a kursiyyuhus samawati wal ardh wa la  
yaoodhuhu hizuhuma wa huwal 'aliyyul adheem.*

Allah: there is no god but Him, the Ever Living, the him Watchful. Neither  
slumber nor sleep overtakes Him. All that is in the heavens and in the earth  
belongs to Him. Who is there that can intercede with Him except by His leave?  
He knows what is before them and what is behind them, but they do not  
comprehend any of His knowledge except what He wills. His throne extends  
over the heavens and thee earth; it does not weary Him to preserve them both.  
He is the Most High, the Tremendous.  
(2:225)

*Qul huwallahu ahad Allahus samad lam yalid wa lam yoolad wa lam ya  
kullahu kufuwan ahad*  
Say, 'He is God the One, God the eternal. He be got no one nor was he  
begotten. No one is comparable to Him.  
(112)  
(three times)

*Qul a'oodhu birabbil falaq min sharri ma khalaq wa min sharri ghasiqin iza  
waqab wa min sharrin naffathati fil uqad wa min sharri hasidin iza hasad*  
Say [Prophet], 'I seek refuge with the Lord of daybreak against the harm of what  
He has created, the harm of the night when darkness gathers, the harm of  
witches when they blow on knots, the harm of the envies when he envies.  
(113)  
(three times)



*Qul a'oodhu birabbin-naas maalikin-naas ilahin naas min sharril waswaasil  
khannas alladhi yuwaswisufi sudoorin-nas minal jinnati wan naas*  
Say, 'I seek refuge with the Lord of people, the Controller of people, the God of  
people, against the harm of the slinking whisperer - who whispers into the  
hearts of people - whether they be jinn or people.

(114)

(three times)

In the morning



*Asbahna wa asbahal mulku lillahi wal humdulillahi la ilaha ilallahu wahdahu  
la sharika lahu lahulmulku walahul hamdu wahuwa 'ala kulli shayin qadeer.  
Rabbi asaluka khayra ma fi hazal yawm. wa khaira ma ba'dahu wa a'oozu  
bika min sharri hazal yawm wa sharri ma ba'dahu rabbi a'oozubika minal  
kasali wasu-il kibari rabbi a'oozu bika min 'azabin fin naari wa 'azabin fil  
qabr*

We have reached the morning and at this very time unto Allah belongs all  
sovereignty and all praise is for Allah. None has the right to be worshipped  
except Allah, alone, without any partner, to Him belongs all sovereignty and  
praise and everything is in His control. My Lord, I ask You for the good of this  
day and the good of what follows it and I take refuge in You from the evil of this  
day and the evil of what follows it. My Lord, I take refuge in You from laziness  
and senility. My Lord, I take refuge in You from torment in the Fire and  
punishment in the grave.

*Allahumma bika asbahna wa bika amsayna wa bika nahya wa bika namootu  
wa ilaykan nushoor*

O Allah, by Your leave we have reached the morning and by Your leave we  
have reached the evening, by Your leave we live and die and unto You is our  
resurrection.

*Allahumma inni asbahtu ush-hiduka wa ush-hidu hamalata 'arshika wa  
malaa-ikataka wa jami'a khalqika annaka antallahu la ilaha illa anta  
wahdaka la shareeka laka wa anna muhammadan 'abduka wa rasuluka*

O Allah, verily I have reached the morning and I call on You, the bearers of Your  
throne, Your angels, and all of Your Creation to witness that You are Allah, none  
has the right to be worshipped except You, alone, without any partner and that  
Muhammad is Your servant and messenger.

(four times)



*Allahumma ma asbaha bi min ni'matin aoo biahadim min khalqika faminka  
wahdaka la shareeka laka falakal hamdu wa laka shukru*

○ Allah, whatever blessing I or any of Your creation have risen upon is from You alone, without any partner, so for You is all praise and unto You all thanks.

In the evening



*Amsayna wa amsal mulku lillahi wal hamdulillahi la ilaha illahu wahdahu la  
shareeka lahu lahu mulku walahul hamdu wa huwa 'ala kulli shay-in qadeer.*

*Rabbi asaluka khaira ma fi hazihil-laylati wa khaira ma ba'daha wa a'oozo  
bika min sharri hazihil-laylati wa sharri ma ba'daha rabbi a'oozubika minal  
kasali wa soo-il kibari rabbi a'oozubika min 'azabin finnaar wa 'azabin fil  
qabar*

We have reached the night and at this very time unto Allah belongs all sovereignty and all praise is for Allah. None has the right to be worshipped except Allah, alone, without any partner, to Him belongs all sovereignty and praise and everything is in His control. My Lord, I ask You for the good of this night and the good of what follows it and I take refuge in You from the evil of this night and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.

*Allahumma bika amsayna wa bika asbahna wa bika nahya wa bika namootu  
wa ilaykal maseer.*

○ Allah, by Your leave we have reached the evening and by Your Leave we have reached the morning, by Your leave we live and die and unto You is our return.

*Allahumma anta rabbi la ilaha illa anta khalaqtani wa ana 'abduka wa ana  
'ala 'ahdika wa wa'dika ma-stata'atu a'oozu bika min sharri ma sana'tu  
aboo'ulaka bin'amatika 'alayya wa aboo'ubi zambi faghfirli fainnahu la  
yaghfiruz-zunuba illa anta*

○ Allah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best as I can, I take refuge in You from the evil of which I have committed. I acknowledge Your favor upon me and I acknowledge my sin, so forgive me, for verily none can forgive sin except You.



*Allahumma inni amsaytu ush-hiduka wa ush-hidu hamalata 'arshika wa malaa-ikataka wa jamee'a khalqika annaka anta-llahu la ilaha illa anta wahdaka la shareeka laka wa anna muhammadan 'abduka wa rasooluka*

○ Allah, verily I have reached the evening and I call on You, the bearers of Your throne, Your angels, and all of Your Creation, to witness that You are Allah, none has the right to be worshipped except You, alone, without any partner and that Muhammad is Your servant and messenger.

(four times)

*Allahumma ma amsa bi min-n'imatin aw biahadin min khalqika faminka wahdaka la shareeka laka falakal hamdu wa lakal shukru*

○ Allah, whatever blessing I or any of Your creation have reached the evening upon is from You alone, without any partner, so for You is all praise and unto You all thanks.

*Allahumma 'afini fi badani allahumma 'afini fi sam'i allahumma 'afini fi basari la ilaha illa anta allahumma inni a'oozubika minal kufri wal faqri wa a'oozubika min 'azabil qabri la ilaha illa anta*

○ Allah, grant my body health, o Allah, grant my hearing health, o Allah, grant my sight health. None has the right to be worshipped except You. ○ Allah, I take refuge with You from disbelief and poverty, and I take refuge with You from the punishment of the grave. None has the right to be worshipped except You.

(Three times)

*Hasbiya-Allahu la ilaha illa huwa 'alaihi tawakkaltu wa huwa rabbul 'arshil azeem.*

Allah is sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.

(Seven times)



*Allahumma inni as-alukal 'afwa wal 'aafiyata fid-dunya wal aakhirah  
allahumma inni as-alukal 'afwa wal 'aafiyata fi deeni wa dunyaya wa ahli wa  
maali allahummastur awrati wa aamin raw'aati allahummah-fidhni min bayni  
yaday wa min khalfi wa 'an yameeni wa 'an shimali wa min fawqi wa 'aoozu  
bi'azamatika an ughtala min tahti*

○ Allah, I ask You for pardon and well-being in this life and the next. ○ Allah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. ○ Allah, veil my weaknesses and set at ease my dismay. ○ Allah, preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.

*Allahumma 'aalimal ghaybi wash-shahaadati fatiras-samawati wal 'ardhi  
rabbi kulli shay-in wa maleekahu ashhadu an la ilaha illa anta a'oozubika  
min sharri nafsi wa min sharrish-shaytani wa shirkihi wa an aqtarifa 'ala  
nafsi suu-an aw ajurrahu ila muslim*

○ Allah, Knower of the unseen and the seen, Creator of the Heavens and the Earth, Lord and Sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my soul and from the evil and shirk of shaytan and from committing wrong against my soul and bringing such upon another Muslim.

*Bismillahil-lazi la yadhurru ma'asmih shay-un fil ardhi wa la fissamaa-i wa  
huwas-samee'ul 'aleem*

In the name of Allah with those name nothing is harmed on earth nor in the heavens and He is the All-Seeing, the All-Knowing.

(three times)

*Radheetu billahi rabba wa bil islami deena wa bimuhhammadin nabiyya*

I am pleased with Allah as a Lord, and Islam as a religion and Muhammad as a Prophet.

(three times)

*Ya hayyu ya qayyumu birahmatika astagheethu aslih li sha-ni kullahu wa la  
takilni ila nafsi tarfata 'ain*

○ Ever Living, ○ Self-Subsisting and Supporter of All, by Your mercy, I seek assistance, rectify for me all of my affairs and do not leave me to myself even for the blink of an eye.



In the morning



*Asbahna wa asbahal mulku lilla rabbil 'alameen allahumma inni as-aluka khayri hazal yawmi fat-hahu wa nasrahu wa nuurahu wa barakatahu wa hudaahu wa a'oozubika min sharri ma fihi wa sharri ma ba'dahu*

We have reached the morning and at this very time all sovereignty belongs to Allah, Lord of the Worlds. O Allah, I ask You for the good of this day, its triumphs and its victories, its light and its blessings, and its guidance. And I take refuge in You from the evil of this day and the evil that follows it.

*Asbahna 'ala fitratil islami wa 'ala kalimatil ikhlasi wa 'ala deeni nabiyyina muhammadin wa 'ala millati abeena ibrahima hanifan muslima wa ma kana minal mushrikeen*

We rise upon the fitrah (religion) of Islam, and the word of pure faith, and upon the religion of our Prophet Muhammad and the religion of our forefather Ibrahim, who was a Muslim and of true faith and was not one of those who associate others with Allah.

In the evening



*Amsayna wa amsal mulku lillahi rabbil 'alameen allahumma inni as-aluka khayra hazihil-laylati fat-haha wa nasraha wa nooraha wa barakataha wa hudaaha wa a'oozubika min sharri ma feeha wa sharri ma ba'daha*

We have reached the evening and at this very time all sovereignty belongs to Allah, Lord of the Worlds. O Allah, I ask You for the good of this night, its triumphs and its victories, its light and its blessings, and its guidance. And I take refuge in You from the evil of this night and the evil that follows it.

*Amsayna 'ala fitratil Islami wa 'ala kalimatil ikhlasi wa 'ala deeni nabiyyina muhammadin wa 'ala millati abeena ibrahima hanifan muslima wa ma kana minal mushrikeen.*

We rest upon the fitrah (religion) of Islam, and the word of pure faith, and upon the religion of our Prophet Muhammad and the religion of our forefather Ibrahim, who was a Muslim and of true faith and was not one of those who associate others with Allah.

*Subhanallahi wa bihamdihi*

How perfect is Allah and I praise Him.

(One hundred times)



*La ilaha illallahu wahdahu la shareeka lahu lahulmulku wa lahulhamdu wa huwa 'ala kulli shayinn qadeer*

None has the right to be worshipped except Allah, alone, without any partner, to Him belong all sovereignty and praise and everything is in His control.

(Once, ten times or one hundred times)

In the morning



*Subhanallahi wa bihamdihi 'adada khalqih wa ridha nafsih wa zinata 'arshih wa midaada kalimaatih*

How perfect is Allah and I praise Him by the number of His Creation and His pleasure and by the weight of His throne and the ink of His words.

(Three times)

*Allahumma inni as-aluka 'ilman naafi'an wa rizqan tayyiban wa 'amalan mutaqabbalan*

O Allah, I ask You for knowledge which is beneficial, and sustenance which is good, and deeds which are acceptable.

*Astaghfirullah wa atoobu ilayhi*

I seek Allah's forgiveness and I turn to Him in repentance.

(One hundred times in a day)

In the evening



*Aoodhu bikalimatil-lahit-taammaati min sharri ma khalaqa*

I take refuge in Allah's perfect words from the evil He has created.

(Three times)

*Allahumma salli wa sallim 'ala nabiyyina muhammadin*

O Allah, send peace and blessing upon our Prophet Muhammad.

(Ten times)

